

High & Middle School Menu

May 13th – 17th

Daily Breakfast Entrées Include:

Fruit Parfaits, WG Cereal, WG Donuts, or Daily Pastry.

Monday

Pancakes
w/ Fruit Topping
Sausage Patty
Apple Slices
Fruit Juice

Tuesday

French Toast Bake
Cheese Stick
Applesauce
Banana
Fruit Juice

Wednesday

Chicken Biscuit
Dried Fruit
Apples
Fruit Juice

Thursday

Fresh Baked Muffins
Cheese Stick
Apple Slices
Bananas
Fruit Juice

Friday

Breakfast Sandwiches
Apples
Oranges
Fruit Juice

DELPHI CLASICS

Daily Entrées Include:

All meal include milk

Monday

Chicken Wings w/ WG Roll
Sweet Potatoes w/ Bacon, Fresh
Cucumber, Celery, Pineapple &
Applesauce

Tuesday

Chicken Fajita w/ WG Shell
Romaine Lettuce, Tomatoes, Mexican
Corn Bread, Oranges, Pineapples

Wednesday

Salisbury Steak w/ WG Roll
Mashed Potatoes, Fresh Carrots,
Celery, Peaches & Apples

Thursday

BBQ Ribs w/ WG Bun
Roasted Butternut, Green Beans, Pears
& Peaches



Friday

Pizza
Vegetarian Pizza Options
Fresh Veggies and Romaine Salad
Mixed Fruit



GRAB 'N GO

Daily Entrées Include:

All meal include milk

- Chef Salad
- Veggie Salad
- Cheese Bosco Sticks
- PBJ Uncrustable
- Cheese Nachos

Daily Grab 'n Go side item:

- Carrots
- Celery
- Humus
- Veggie Cups
- Super side
- Side Salads
- Apple Slices
- Applesauce
- Banana
- Whole Apple
- Orange

**Menu Subject to Change.
Also look for our Vegetarian*

EXPO

Weekly Featured Items:

All meal include milk

Daily Items:

Nachos w/ Cups

Build Your Own Turkey or Ham Subs

Our Choice of Toppings:

Lettuce, Pickles, Tomatoes, and
American Cheese

Build Your Own Salad

High School Only

Our Choice of Toppings:

Diced Turkey, Ham, Eggs
Cucumbers, Broccoli, Carrots,
Tomatoes, and Cheese
Served with WG Roll

Build Your Own Wrap

High School Only

Monday, Wednesday and Thursday

Our Choice of Toppings:

Your Choice of Meat, Lettuce,
Tomatoes, Cheese, Ranch, BBQ &
Salsa

Build your own

Tacos Tuesday

High School Only

Your Choice of Toppings:

Lettuce, Tomatoes & Cheese

*All Expo Items can be built for
Vegetarian*

Feature Station - High School Only

Tuesday, Wednesday & Thursday

Chicken Wing Bar

All meal include milk

Boneless Wings, Carrots & Celery
BBQ Sauce or Parmesan Garlic

How to Build a Breakfast Meal

- 1 - Entrée Choice
- 2 - Fruit (1 can be Fruit Juice)
- 1 - 8oz Low-Fat or Fat Free Milk

How to Build a Lunch Meal

- 1 - Entrée (bread & protein)
- 1 to 2 Fruit Choice
- 1 to 2 Vegetable Choice
- 1 - 8oz Low-Fat or Fat Free Milk

This is an equal opportunity employers