

High & Middle School Menu

January 3rd – 4th

Daily Breakfast Entrées Include:

Fruit Parfaits, WG Cereal, WG Donuts, or Daily Pastry.

Monday
No School

Tuesday
No School

Wednesday
No School

Thursday
Blueberry or Banana Bread
Bananas
Apple Slices
Fruit Juice
Cheese Stick

Friday
Breakfast Sandwiches
Apples
Oranges
Fruit Juice

DELPHI CLASICS



Daily Entrées Include:
All meal include milk

Monday
No School

Tuesday
No School

Wednesday
No School

Thursday
Lasagna Roolups w/ WG Breadstick
Carrots, Peas, Pears & Applesauce

Friday
Pizza
🥗 Vegetarian Pizza Options
Fresh Veggies and Romaine Salad
Mixed Fruit



GRAB 'N GO

Daily Entrées Include:
All meal include milk

- 🥗 Chef Salad
- 🥗 Veggie Salad
- 🥗 Cheese Bosco Sticks
- 🥗 PBJ Uncrustable
- 🥗 Cheese Nachos

Daily Grab 'n Go side item:

- Carrots
- Celery
- Humus
- Veggie Cups
- Super side
- Side Salads
- Apple Slices
- Applesauce
- Banana
- Whole Apple
- Orange

**Menu Subject to Change.
Also look for our 🥗 Vegetarian*

EXPO - High School Only

Weekly Featured Items:
All meal include milk

Daily Items:
Nachos w/ Cups

Build Your Own Turkey or Ham Subs

Our Choice of Toppings:
Lettuce, Pickles, Tomatoes, and American Cheese

Build Your Own Salad
High School Only

Our Choice of Toppings:
Diced Turkey, Ham, Eggs
Cucumbers, Broccoli, Carrots,
Tomatoes, and Cheese
Served with WG Roll

Build Your Own Wrap
High School Only

Monday, Wednesday and Thursday
Our Choice of Toppings:
Your Choice of Meat, Lettuce,
Tomatoes, Cheese, Ranch, BBQ & Salsa

Build your own
Tacos Tuesday

High School Only
Your Choice of Toppings:
Lettuce, Tomatoes & Cheese

All Expo Items can be built for 🥗 Vegetarian

Feature Station - High School Only

Have a Happy and Safe New Years



How to Build a Breakfast Meal

- 1 - Entrée Choice
- 2 - Fruit (1 can be Fruit Juice)
- 1 - 8oz Low-Fat or Fat Free Milk

How to Build a Lunch Meal

- 1 - Entrée (bread & protein)
- 1 to 2 Fruit Choice
- 1 to 2 Vegetable Choice
- 1 - 8oz Low-Fat or Fat Free Milk