

High & Middle School Menu

January 28th – Feb 1st

Daily Breakfast Entrées Include:

Fruit Parfaits, WG Cereal, WG Donuts, or Daily Pastry.

Monday

Pancakes
w/ Fruit Topping
Sausage Patty
Apple Slices
Fruit Juice

Tuesday

French Toast Bake
Cheese Stick
Applesauce
Banana
Fruit Juice

Wednesday

Chicken Biscuit
Dried Fruit
Apples
Fruit Juice

Thursday

Fresh Baked Muffins
Cheese Stick
Apple Slices
Bananas
Fruit Juice

Friday

Breakfast Sandwiches
Apples
Oranges
Fruit Juice

DELPHI CLASICS

Daily Entrées Include:

All meal include milk

Monday

Chicken Alfredo w/ WG Pasta
Steamed Broccoli, Carrots, Apples &
Mandarin Oranges

Tuesday

Chicken Patty w/ WG Bun
French Fries, Fresh Broccoli, Pears, &
Pineapple

Wednesday

Texas Straw Hats w/ WG Chips
Romaine Lettuce, Tomatoes, Black
Beans, Banana & Applesauce

Thursday

Spaghetti & Meatballs w/ WG Pasta
Roasted Sweet Potatoes, Peas, Peaches
& Apples

Friday

Pizza
🌱 Vegetarian Pizza Options
Fresh Veggies and Romaine Salad
Mixed Fruit



GRAB 'N GO

Daily Entrées Include:

All meal include milk

Chef Salad
🌱 Veggie Salad
🌱 Cheese Bosco Sticks
🌱 PBJ Uncrustable
🌱 Cheese Nachos

Daily Grab 'n Go side item:

Carrots
Celery
Humus
Veggie Cups
Super side
Side Salads
Apple Slices
Applesauce
Banana
Whole Apple
Orange

**Menu Subject to Change.
Also look for our 🌱 Vegetarian*

EXPO

Weekly Featured Items:

All meal include milk

Daily Items:

Nachos w/ Cups

Build Your Own Turkey or Ham Subs

Our Choice of Toppings:

Lettuce, Pickles, Tomatoes, and
American Cheese

Build Your Own Salad

High School Only

Our Choice of Toppings:

Diced Turkey, Ham, Eggs
Cucumbers, Broccoli, Carrots,
Tomatoes, and Cheese
Served with WG Roll

Build Your Own Wrap

High School Only

Monday, Wednesday and Thursday

Our Choice of Toppings:

Your Choice of Meat, Lettuce,
Tomatoes, Cheese, Ranch, BBQ &
Salsa

Build your own

Tacos Tuesday

High School Only

Your Choice of Toppings:

Lettuce, Tomatoes & Cheese

*All Expo Items can be built for 🌱
Vegetarian*

Feature Station - High School Only

Tuesday, Wednesday & Thursday

Noodle Bar

All meal include milk

Chicken, WG Pasta, Marinara, Alfredo, Broccoli,
Tomatoes, Spinaches, Olives & Parmesan Cheese

How to Build a Breakfast Meal

1 - Entrée Choice
2 - Fruit (1 can be Fruit Juice)
1 - 8oz Low-Fat or Fat Free
Milk

How to Build a Lunch Meal

1 - Entrée (bread & protein)
1 to 2 Fruit Choice
1 to 2 Vegetable Choice
1 - 8oz Low-Fat or Fat Free Milk

This is an equal opportunity employers