

High & Middle School Menu

December 17th – 20th

DAILY BREAKFAST ENTREES INCLUDE:

Fruit Parfaits, WG Cereal, WG Donuts, or Daily Pastry.

Monday

Blueberry or Banana Bread
Bananas
Apple Slices
Fruit Juice
Cheese Stick

Tuesday

Breakfast Sandwiches
Apples
Oranges
Fruit Juice

Wednesday

No School

Thursday

No School

Friday

No School

DELPHI CLASICS

Daily Entrées Include:
All meal include milk

Monday

Fish w/ Biscuit
French Fries, Slaw, Apples &
Peaches

Tuesday

Roasted Turkey or Ham w/ WG Roll,
Mashed Potatoes, Green Beans,
Baked Apples & Fresh Fruit

Wednesday

Grilled Cheese w/ WG Bread
Soup, Carrots, Cauliflower,
Applesauce & Banana

Thursday

Pizza
🥗 Vegetarian Pizza Options
Fresh Veggies and Romaine Salad
Mixed Fruit

Friday

No School



GRAB 'N GO

Daily Entrées Include:
All meal include milk

Chef Salad
🥗 Veggie Salad
🥗 Cheese Bosco Sticks
🥗 PBJ Uncrustable
🥗 Cheese Nachos

**Daily Grab 'n Go
side item:**

Carrots
Celery
Humus
Veggie Cups
Super side
Side Salads
Apple Slices
Applesauce
Banana
Whole Apple
Orange

**Menu Subject to Change.
Also look for our 🥗 Vegetarian*

EXPO - High School Only

Weekly Featured Items:
All meal include milk

Daily Items:
Nachos w/ Cups

**Build Your Own Turkey or
Ham Subs**

Our Choice of Toppings:
Lettuce, Pickles, Tomatoes, and
American Cheese

Build Your Own Salad
High School Only

Our Choice of Toppings:
Diced Turkey, Ham, Eggs
Cucumbers, Broccoli, Carrots,
Tomatoes, and Cheese
Served with WG Roll

Build Your Own Wrap
High School Only

Monday, Wednesday and Thursday
Our Choice of Toppings:
Your Choice of Meat, Lettuce,
Tomatoes, Cheese, Ranch, BBQ &
Salsa

Build your own

Tacos Tuesday

High School Only
Your Choice of Toppings:
Lettuce, Tomatoes & Cheese

*All Expo Items can be built for 🥗
Vegetarian*

Feature Station - High School Only

How to Build a
Breakfast Meal

1 - Entrée Choice
2 - Fruit (1 can be Fruit Juice)
1 - 8oz Low-Fat or Fat Free
Milk

Have and Safe and Happy Christmas



How to Build a
Lunch Meal

1 - Entrée (bread & protein)
1 to 2 Fruit Choice
1 to 2 Vegetable Choice
1 - 8oz Low-Fat or Fat Free Milk

This is an equal opportunity employers